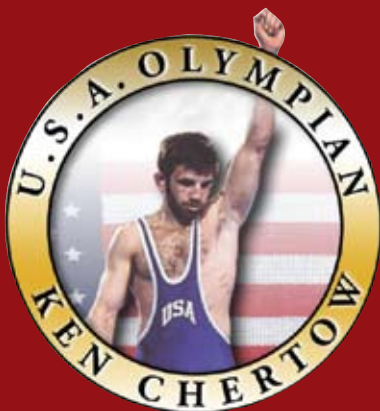


2013 GOLD MEDAL TRAINING CAMPS

KEN CHERTOW WRESTLING



Nebraska

June 1 - 3 | Omaha
Westside HS Training Center

June 2 - 7 | Kearney
Ramada Inn Convention Center

We will conduct a Super Gold Camp starting in Omaha and traveling to Kearney. Other Midwest Super Gold options are available - see kenchertow.com for details. We provide transportation from your first camp location to subsequent locations in which you are enrolled!

Additional camps in locations across the nation - camp options for all ages!

SIGNIFICANT TEAM DISCOUNTS AND EARLY ENROLLMENT INCENTIVES FOR COACHES AND WRESTLERS

TEAM CAMP INCLUDES: Specialized team training & competition, coaches seminars, free coaches clinic DVDs and other incentives.

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Mental Preparation
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Nutrition Seminars
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Strength Training
Outstanding Facilities

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- Go to kenchertow.com and click "Online Application."
- Fill out the application on our summer brochure and mail it to **PO Box 120, Boalsburg, PA**, or fax it to 814-466-3420.
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KENCHERTOW.COM

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