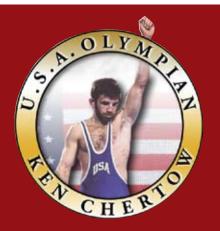
2013 GOLD MEDAL TRAINING CAMPS KEN CHERTOW WRESTLING



Pennsylvania

July 14 - 27 | State College Ramada Inn Convention Center July 28 - Aug 9 | Allentown Rodeway Inn Convention Center

4-day to 4-week options! We will conduct Super Gold Camps that begin in State College and travel to Allentown and/or New Jersey. We provide free transportation from State College to Allentown for wrestlers who want to train with us at both locations.

Additional camps in locations across the nation - camp options for all ages!

SIGNIFICANT TEAM DISCOUNTS AND EARLY ENROLLMENT INCENTIVES FOR COACHES AND WRESTLERS

TEAM CAMP INCLUDES: Specialized team training & competition, coaches seminars, free coaches clinic DVDs and other incentives.

ALL CAMPS FEATURE: Systematic Curriculum Intense Drills Video Analysis Mental Preparation Live Wrestling Nutrition Seminars World Class Staff Strength Training Outstanding Facilities

How to Enroll

- Go to kenchertow.com and click "Online Application."
- Fill out the application on our summer brochure and mail it to PO Box 120, Boalsburg, PA, or fax it to 814-466-3420.
- Download and print an application at kenchertow.com by clicking "Printable Application."
- Collect your team's applications and mail them in together to receive a discount!

Contact us to request camp brochures and a FREE motivational poster!

KENCHERTOW.COM





KEN CHERTOW'S INSTRUCTIONAL AND HIGHLIGHT DVD SERIES AVAILABLE ON WEARANDGEAR.COM

Coach Chertow's new **Instructional DVD Series** is loaded with valuable techniques and details that will benefit both coaches and wrestlers!

"Coaches, wrestlers and anyone involved in the sport of wrestling will benefit greatly from these remarkable DVDs!"



CLASSIC DVDS

INCLUDING 6-DISC COACHES CLINIC SERIES

A must buy for anyone involved in the sport of wrestling! Coach Chertow shares over 10 hours of valuable information in this comprehensive coaching library.

Register for any Super Gold Medal Training Camp by May 1 and receive 4 FREE Instructional DVDS! (a \$120 value)

WAYS TO ORDER:

1. WEARANDGEAR.COM

2. Call 814-466-3466

3. E-mail manager@wearandgear.com

Ken Chertow Wrestling & AdvoCare





We Build Champions!

KenChertowNutrition.com

AdvoCare products work for both wrestlers and anyone looking to get in better shape.

Coaches & Parents: If your athletes are currently using energy and hydration products like Gatorade, Powerade, and 5-hour Energy, consider AdvoCare products as a healthier, cost-effective replacement. Jump start your own weight loss plan with AdvoCare's 24-Day Challenge!

Contact us to learn about becoming a wholesale customer to receive a 20 percent discount on products throughout 2013, along with a FREE DVD of your choice!





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Prompt, Personalized Service & Low Prices

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